Term 3 Week 10

End of the Term
Term three is about to come to an end. It has been a very busy term with lots of highlights. Well done to the whole college community on making this term a very productive term with plenty of positive teaching and learning going on. I wish everybody a safe and happy holiday and hope that you all get a chance to recharge the batteries.

Please note that this Friday school will finish at 2.30pm. Therefore the buses will run 1 hour earlier on the return trip.

Casual Clothes day
To assist with the lead into the holiday period we will run our casual clothes day on Friday. It is normally held on the last Friday of the month but we will be on holidays, so this Friday will be used as a replacement day. The fund raising cause for this Friday will be ‘Rachael’s Wish’ which is the cause to raise funds to build a new cancer ward at the Horsham hospital.

Year 10 Camp to Melbourne
The Year 10 cohort head off to Melbourne for their 5 day camp this morning. Mr Metelmann, Mrs Chapman, Mr Smith, Ms Littore and Mrs Dingwall will leave Murtoa at 8.30am with 37 excited year 10 students. The trip in the coach to Melbourne will start the week long adventure for our students that we see them learn how to survive in a big city like Melbourne. The program is full of interesting activities and I look forward to hearing stories about their exciting week when they get back.

School Council
The September School Council meeting will be held this Tuesday. We have an amazing group of parents and staff who make up our council and give up their time voluntarily to help me make this institution a better educational learning environment. I look forward to this months’ meeting and invite anyone from the community to come and observe the meeting.

The State Government will announce Schools Indicative Budgets.
All schools across Victoria are eagerly awaiting the State Government’s announcement of schools’ indicative budgets. This is expected this week. Increases in school budgets are likely to vary from very small to very significant. The greatest increases we are led to believe will be in the primary schools. The increases are likely to go to schools dealing with a high percentage of students from low socio-economic/disadvantaged backgrounds, and those with a high percentage of students entering school with lower than expected literacy and/or numeracy skills.
Primary Oval
The primary oval has just been sewn with new grass seed. It is hoped that by the end of the school holidays in three weeks’ time there will be a nice green cover of grass. When the grass has fully taken and has grown the oval and the garden at the front of the college will look fantastic. Ross Sudholz has put in an amazing amount of work to fix the sprinkler system in preparation for the planting of the new grass then in sewing the new grass. Thank you Ross! Also, I would like to thank his two mates, Justin Moore and Rod Hammond who have helped and supported him.

Whole School Assembly
On the first day next term, Monday October 5 a whole school assembly will be held. This will help us to celebrate the highlights of all students and staff from term three. The assembly will be held in the gym at the start of the day (9.00am - Period 1) and will run for about half an hour, finishing at about 9.30am. I would like to invite anyone from the college community who is interested in these celebrations to join us.

The week that was! (Week 9 Term 3)
Year 8 Camp
27 Year 8 students went to Adelaide for their 4 day camp last week. Mr Sachse, Mrs Dunlop, Ms Ryan and I had an excellent camp with the year 8 students. The four days included a visit to Monarto zoo and Harndoff. The activities in Adelaide included a visit to ‘Bounce’, canoeing with the dolphins, a boat cruise in Port Adelaide, wheelchair basketball, bubble soccer, ’Inner city’ games session, swimming at the SA aquatic centre and a movie. It was a very full program but the students had a wonderful time. The highlight was the canoeing with the dolphins in Port Adelaide. While paddling we were joined by a pod of 8 dolphins who swam around and under our canoes for about 20 minutes. They came that close we could almost touch them. I would like to thank Mr Sachse for organising an excellent camp and Mrs Dunlop and Ms Ryan for assisting the students for the 4 days.

Finals time for the Footballers and Netballer
In the Horsham District League Shannon Argall played and coached Laharum senior team to a Premiership. Congratulations on a successful season that saw his senior team go through the season undefeated.
The ‘Burras’ under 15 A netball team which has students from year 8 to 10 from the college lost their preliminary final but had a great season. Congratulations on a great season girls!
I wish all our community members who are playing in the Wimmera League Grand Finals next weekend the best of luck and look forward to hearing about their successes.

Tony Goodwin
Principal
<table>
<thead>
<tr>
<th>Class</th>
<th>Subject</th>
<th>Task/Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>F/1</td>
<td>German</td>
<td>Shapes</td>
</tr>
<tr>
<td></td>
<td>English</td>
<td>Writing</td>
</tr>
<tr>
<td></td>
<td>English</td>
<td>Reading</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Foundation</td>
<td>CCS</td>
<td>Health</td>
</tr>
<tr>
<td>3/4</td>
<td>CCS</td>
<td>What is Healthy?</td>
</tr>
<tr>
<td>5/6</td>
<td>CCS</td>
<td></td>
</tr>
<tr>
<td>7A</td>
<td>English</td>
<td>Character Analysis Essay</td>
</tr>
</tbody>
</table>

FROM THE WELLBEING DESK

Welcome to the last week of Term 3, which has been an incredibly busy and productive term here at Murtoa College. Year 8s have returned from their Adelaide Trip and Year 10s have embarked on their Melbourne Trip. We have had a variety of guest speakers visit with our students, which has been fantastic. Year 12 students are heading into an incredibly busy time of revision and exams as they complete their final year of schooling. We wish them the very best during this time for their upcoming exams and beyond.

A reminder that final immunisations for all Year 7 students are on Thursday 15th October from 9am.

I hope everyone has a relaxing and wonderful break, and we look forward to seeing you on Monday October 5th for the commencement of Term 4.

Kind Regards,
Rach Chapman
Wellbeing Coordinator
From the School Nurse:

Most people need **more than seven hours** of sleep a night. If you're not getting this, **there are tactics you can use** to help. You can also work through them with a **doctor or other health professional**.

**GETTING GOOD SLEEP:**

The following is a list of tips and tools a lot of people find helpful in getting good sleep:

- Stick to a routine of waking at the same time every day, and going to bed at the same time each night.
- Lay off the alcohol, cigarettes and caffeine before bed, as they can make it harder to get to sleep, or cause your sleep to be disrupted.
- Try to reduce your TV or computer time in the evenings – artificial light can trick your body into staying awake.
- Try not to nap during the day, as this'll make it harder to sleep in the evening.
- Exercise first thing in the morning, outdoors. Sunlight can help reset your body clock.
- Learn relaxation and meditation techniques to help you switch you mind off in the evenings.

They've been tried and tested, but not all of them will work for everyone. If you’re really struggling, the best and easiest way to work out how to get sleep is by working with a doctor, counsellor, psychologist or sleep specialist.

---

**Sport Dates for Term 4, 2015**

<table>
<thead>
<tr>
<th>Term 4</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>WEEK 1</td>
<td>Friday</td>
<td>October 9</td>
<td>All day GWRegion Track &amp; Field (Ballarat)</td>
</tr>
<tr>
<td>WEEK 2</td>
<td>Monday</td>
<td>October 12</td>
<td>All day Black Ranges Year 7 Volleyball (St Brigid’s)</td>
</tr>
<tr>
<td>WEEK 2</td>
<td>Monday</td>
<td>October 12</td>
<td>All day Black Ranges Year 8 Volleyball (St Brigid’s)</td>
</tr>
<tr>
<td>WEEK 2</td>
<td>Friday</td>
<td>October 16?</td>
<td>All day State Track &amp; Field (Albert Park)</td>
</tr>
<tr>
<td>WEEK 3</td>
<td>Monday</td>
<td>October 19</td>
<td>All day Minyip School Field &amp; Game Shoot Year 7-11</td>
</tr>
<tr>
<td>WEEK 4</td>
<td>Monday</td>
<td>October 26</td>
<td>All day Cricket Victoria Year 9 &amp; 10 Super 8’s Cricket (Horsham)</td>
</tr>
<tr>
<td>WEEK 4</td>
<td>Tuesday</td>
<td>October 27</td>
<td>All day GWRegion Year 7 Volleyball (St Brigid’s)</td>
</tr>
<tr>
<td>WEEK 4</td>
<td>Tuesday</td>
<td>October 27</td>
<td>All day GWRegion Year 8 Volleyball (St Brigid’s)</td>
</tr>
<tr>
<td>WEEK 5</td>
<td>Thursday</td>
<td>November 5</td>
<td>All day Cricket Victoria Year 7 &amp; 8 Super 8’s Cricket (Horsham)</td>
</tr>
<tr>
<td>WEEK 10</td>
<td>Sun - Friday</td>
<td>Dec 6 - 11</td>
<td>Whole week National Volleyball Championships (Melbourne)</td>
</tr>
</tbody>
</table>

---

**Murtoa Basketball Meeting**

**Thursday 17th of September 2pm @ Gaylene Ballagh’s House**

**to discuss upcoming season**

**ALL WELCOME.**
Dates:

Tuesday 15th September, F-6 Warracknabeal Historical Excursion

Friday 18th September, Rachael’s Wish Sausage Sizzle, Casual Clothes Day and 2:30pm finish for the Final Day of Term 3

Monday 5th October, First Day of Term 4 and Whole School Assembly

Tuesday 20th October, Foundation students to visit the kindergarten

Friday 30th October, Casual Clothes Day

Monday 2nd November, Student Free Day

Tuesday 3rd November, Melbourne Cup Public Holiday

Friday 6th November, Year 5/6 Try-a-Trade Excursion

Friday 6th November, Year 2/3 Sleepover

Monday 9th November, CEP Performance in Marnoo

Primary News

This week we are looking forward to our excursion to Warracknabeal. The Foundation to Year 6 students will be visiting the Wheatlands Agricultural Machinery Museum, Historical Centre, Log Lock-Up, Water Tower, Anzac Park and, the Flora and Fauna Park. It is essential that students bring a water bottle, snack and their lunch. It would also be great if students could bring a torch to further explore the Log Lock-Up (however, we will have some torches for each group too). The students will be leaving from school at approximately 9am and will return at around 3pm (in time for the buses).

Over the past few weeks Ross Sudholz has been coordinating a primary oval ‘revival’ team including Justin Moore and Rod Hammond. Firstly, they checked and monitored the workings of the irrigation system. Then they began to build up the moisture in the soil and purchase new seed. Finally, on Friday they ploughed, laid new seed and fenced off the oval. We are now hopeful that the seed will germinate and we’ll have an excellent lawn surface for students to use for years to come. We cannot thank the men enough for their efforts!

Finally, it’s been an incredibly busy, but productive Term 3. Some of the activities we have been involved in include; Parent Teacher Interviews, Wheel Talk, DSSA Athletics, Dunmunkle Science Awards, Book Week, Literacy Week, St John’s Ambulance First Aid, Bremen Town Musicians Performance, 2016 Parent Information Session, kinder visits, Year 6 visit, Science incursion, Puberty Clues, Pie Drive, fundraising from Casual Clothes Days and the oval revival. We look forward to a well-earned break, but are also anticipating a fantastic Term 4 too. Have a safe and happy holidays.

Mr Brad Venn

Assistant Principal

Primary Assembly Hosting

Week 10 – Year 5/6
Week 1 – Year 3/4
Week 2 – Year 2/3
Week 3 – Year F/1
Students of the Week

Back row: Lochie, Bronte, Archie, Natalie and Nic.

Front row: Josiah and Tilda.

---

Reading Awards

Back row: Charlie, Mikey, Lucy, Fraser, Lloyd, Brent and Cleo.

Middle row: Darcy, Liam, Mason, Charli, Nic and Bridget.

Front row: Anai, Monique, Breanna, Alyssa and Will.

---

Grade F to 3 Dinner

followed by...

Grade 2 and 3 Sleepover

Friday the 6th of November

$5 per Gr F /1 student
$10 per Gr 2/3 student

More details to come early Term 4
See Mrs Venn if you have any queries
Black Ranges Division Primary Athletics

On Tuesday 1\textsuperscript{st} September, ten students from Murtoa College participated in the Black Ranges Athletics Division at Stawell, with fantastic results. Our students performed exceptional with 5 students qualifying to the next round. Please find the results of each student’s event:

<table>
<thead>
<tr>
<th>Student</th>
<th>Event 1</th>
<th>Event 2</th>
<th>Distance</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cleo Baker</td>
<td>Triple Jump</td>
<td>8.62m</td>
<td>1\textsuperscript{st}</td>
<td></td>
</tr>
<tr>
<td>12yr</td>
<td>100m Dash</td>
<td>14.68secs</td>
<td>1\textsuperscript{st}</td>
<td></td>
</tr>
<tr>
<td>Bronte Kerrins</td>
<td>Shot Put</td>
<td>6.8m</td>
<td>6\textsuperscript{th}</td>
<td></td>
</tr>
<tr>
<td>11yr</td>
<td>Triple Jump</td>
<td></td>
<td>3\textsuperscript{rd}</td>
<td></td>
</tr>
<tr>
<td>Jorja Gardy</td>
<td>100m Dash</td>
<td></td>
<td>4\textsuperscript{th}</td>
<td></td>
</tr>
<tr>
<td>10yr</td>
<td>Long Jump</td>
<td>3.81m</td>
<td>1\textsuperscript{st}</td>
<td></td>
</tr>
<tr>
<td>Nic Ballagh</td>
<td>Triple Jump</td>
<td>8.20m</td>
<td>2\textsuperscript{nd}</td>
<td></td>
</tr>
<tr>
<td>12yr</td>
<td>Shot Put</td>
<td></td>
<td>8\textsuperscript{th}</td>
<td></td>
</tr>
<tr>
<td>Fraser Adler</td>
<td>4x100m Relay</td>
<td></td>
<td>3rd</td>
<td></td>
</tr>
<tr>
<td>11yr</td>
<td>Discuss</td>
<td></td>
<td>2\textsuperscript{nd}</td>
<td></td>
</tr>
<tr>
<td>Lloyd Baker</td>
<td>100m Dash</td>
<td></td>
<td>5\textsuperscript{th}</td>
<td></td>
</tr>
<tr>
<td>11yr</td>
<td>4x100m Relay</td>
<td></td>
<td>3\textsuperscript{rd}</td>
<td></td>
</tr>
<tr>
<td>Oscar Gawith</td>
<td>100m Dash</td>
<td></td>
<td>3\textsuperscript{rd}</td>
<td></td>
</tr>
<tr>
<td>10yr</td>
<td>200m</td>
<td></td>
<td>2\textsuperscript{nd}</td>
<td></td>
</tr>
<tr>
<td>Noah Horvat</td>
<td>Triple Jump</td>
<td>7.25m</td>
<td>1\textsuperscript{st}</td>
<td></td>
</tr>
<tr>
<td>10yr</td>
<td>Long Jump</td>
<td>3.51m</td>
<td>2\textsuperscript{nd}</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4x100m Relay</td>
<td></td>
<td>3\textsuperscript{rd}</td>
<td></td>
</tr>
</tbody>
</table>

CRICKET

The Lubeck-Murtoa and Rupanyup-Minyip cricket clubs are combining their junior teams this year and will be known as Dunmunkle for the upcoming season. We are looking to enter teams into the Under 16.5, under 14 and under 12 Horsham Cricket Association competitions.

We will also be running a separate Milo Cricket junior program for under 10’s as well this year which will be running on a Thursday night.

We are having a training run / registration day on Sunday 27th September at 10; 30 am at the Murtoa Cricket Ground with a sausage sizzle to follow, which will enable us to know how many sides we will be able to enter. We realise that this is the middle of the school holidays and may be hard for some kids to attend however you can still register your interest to the contacts below.

If you are interested in your child playing junior cricket, or being involved in the Milo Cricket program, or would just like some more information you can call Phil Yew on 0414 321 451, Darren Schultz 0409 321 451, or Hamish Gawith on 0409 563 361.
VCAL MURAL PROJECT

Over the last couple of weeks the year 12 students and some of the year 11 students from the VCAL class have been going down to the Rupanyup Nursing home to paint the iron fence, we recently gave it a white base, then a couple of weeks later when that dried we painted the sky a lovely light blue and the grass an olive green. The progress is still underway with the painting and the objects still to be painted on. The students are enjoying socialising with the elderly patients as we walk in and out and say a quick hello.

by Tarlee Jenkins

BBQ at the Concordia Flats- Personal Development VCAL Students.

On Tuesday the 18th of August the Year 11 & 12 VCAL Personal Development students ran a BBQ for the residents down at the Concordia Flats in Murtoa. The day ran very successfully and the residents enjoyed getting out of their flats to interact with us and have a bite to eat. There were sausages and onions and also hamburgers there for them to eat and we cooked them over a hot plate and fire.

Mr Vague and Jackson helped cooking the BBQ although Jackson burnt quite a few sausages, while Ricki and Georgia cut up some onions and served the food out to the people. The two weeks leading up to the BBQ Ricki and Taylor planned for the BBQ, and got a shopping list written up.

Whilst the BBQ was getting cooked Ryan and Rhys mowed the lawns.

We hope the residents at the flat enjoyed the food and enjoyed having some fun and interacting with us, as we all had a great time.

By Ricki Plevey.
8/9/2015.
VCAL Dunmunkle Health Project

On the 4th/9/15 on Friday Ryan Boschen and Matt Arber, went to visit the seniors in Murtoa at the Dunmunkle Health for their VCAL project.

Their project was to show the elderly the iPads and play some games on them. It took a bit to get going but after a while the Elderly started to enjoy themselves and things were going smoothly. At the end of the day it was a success the Elderly had a great time and the boys were pleased that they did not “Crash and Burn”.

BBQ LAST DAY OF SCHOOL!

When: Friday 18th at lunch time.
Where: Next to the Year 12 common room.
Why: Last day of school!
What for: All money goes to Rachael’s Wish
Sausages are $1.00 and Hamburgers are $2.00
They can come with onions.
Please be prepared on the day.
MMFNC Football/Netball Information

Junior Presentation Day – 20th September @ Minyip, starting around 11.30

Footballer families bring a salad and the netball families a sweet


**Netball**

The 15A girls were knocked out by a better team, as expected everybody gave 100% and did themselves proud, fantastic effort.

Horsham Saints v Minyip Murtoa
Horsham Saints 10, 21, 30, 39 (39)
Minyip Murtoa 3, 9, 13, 18 (18)

**GOALS**
M Morgan 12, L Young 5, B Drum 1

**BEST**
E Garth-Lindsay, N Denham

Jess Whyte - 0428 837381

MMNC Junior Coordinator

**Football**

**U17’s**
Derek Cameron 0428 316 319  derekjcameron30@gmail.com
Bruce Gardy 0428 861 922  jbgardy@bigpond.com

**U14’s**
Gavin Young 0417 372 120
Team Manager – Leigh Bell 0427 861 409  bellvale552@gmail.com

**Auskick/U 12’s**
Nat Johnston 0428852308  natalie.johnson8@bigpond.com

*This will be the last ‘Newsletter; for 2015. Thank you very much to all that have contributed, great work.*

MMFNC will need a ‘Junior Co-Ordinator’ for next season, please give this some serious thought, if you’re interested please talk to me.

Malcom Schier 0429852788  malcom@schier.com.au
119th SHOW

WELCOME TO YOUR MINYIP SHOW

TUESDAY 6TH OCTOBER 2015

Badminton Spring Competition

FREE Come and Try night Monday 5th Oct
Competition kicks off Monday 12th Oct
No Teams, Round Robin, play when you can.
Beginners Most Welcome.
Venue: Horsham College Junior Gymnasium
289 Baillie Street Horsham
Must Register by 6.45pm every Monday
Cost per night: Seniors $8.00
Juniors 12-17yrs $5.00
Families $15.00
For more Info Contact:
President: Ben Sawyer ph.: 0429 826 541
Secretary: Trent King ph.: 0401 673 400
Attention all Pool Workers

If you wish to work at the Murtoa Swimming Pool for the upcoming season please send details to:

Mrs Sonia Schodde
Secretary Murtoa Swimming Pool
Box 78
Murtoa. Vic 3390

All that is required is your
Name
Contact phone number
Email Address
Birth Date
Postal Address
Qualifications (e.g. Certificates / Bronze Medallion etc.)

Write a Short paragraph why you would like to work at the Murtoa Pool.
We would appreciate your information by the end of this term as we are meeting during the holidays to discuss the staff.
I have some returns but I know there are more to come!

Thankyou
Mrs Schodde
PH 53 852 543
OUTDOOR CINEMA NIGHT
26TH SEPTEMBER
7:30PM AT THE MURTOA OVAL
DONATION UPON ENTRY
POPcorn AND FAIRY FLOSS AVAILABLE
ALCOHOL FREE EVENT
B.Y.O CHAIRS AND BLANKETS

ALL PROCEEDS GO TO RACHAEL'S

First Committee Meeting
Wednesday 16th September- 6pm
@ the Warracknabeal Council Chambers

Come along if you are between the ages of 12 and 25 and interested in being a part of organising the 2015 Yarrambool Has Talent, happening on the 4th of December!
If interested, contact Murray McKenzie:
mckenziye@yarrambool.vic.gov.au

YARRIAMBIACK HAS TALENT