**IMPORTANT DATES**

<table>
<thead>
<tr>
<th>MAY</th>
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<tbody>
<tr>
<td>Monday 5th</td>
<td>Black Ranges Secondary Athletics</td>
</tr>
<tr>
<td>12th to 16th</td>
<td>Year 10 Work experience</td>
</tr>
<tr>
<td>13th – 15th</td>
<td>NAPLAN</td>
</tr>
<tr>
<td>Tuesday 13th</td>
<td>School Council 5.30pm</td>
</tr>
<tr>
<td>Wednesday 21st</td>
<td>Secondary cross-country</td>
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<tr>
<td>Tuesday 27th</td>
<td>Black Ranges Cross Country at Murtoa</td>
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<th>JUNE</th>
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<tbody>
<tr>
<td>Thursday 5th</td>
<td>Social</td>
</tr>
<tr>
<td>Friday 6th</td>
<td>Report Writing Day</td>
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<tr>
<td>Monday 9th</td>
<td>Queen’s Birthday holiday</td>
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<tr>
<td>Tuesday 10th</td>
<td>School Council 5.30pm</td>
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<td>Wednesday 11th</td>
<td>GAT</td>
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<tr>
<td>16th to 20th</td>
<td>Year 11 Work Experience</td>
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<tr>
<td>Tuesday 24th</td>
<td>Careers Expo</td>
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<tr>
<td>Wednesday 25th</td>
<td>Yr 9 Arts Connect Melbourne</td>
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<tr>
<td>Friday 27th</td>
<td>Term 2 ends, Reports distributed</td>
</tr>
</tbody>
</table>

**Claims by parents for student injuries**
The Department does not provide personal accident insurance or ambulance cover for students. Student accident insurance/ambulance cover policies are available from some commercial insurers. The Department cannot advise parents on whether to purchase a student accident policy/ambulance cover, or which policy to purchase. It is recommended that they seek assistance with their insurance broker or find a suitable personal accident insurer in the Yellow Pages or online. Parents of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance and any other transport costs.

**Injuries caused by negligence**
The Department takes out public liability insurance on behalf of Victorian Government schools. In some circumstances medical or other expenses will be paid by the Department where it is assessed that it is likely, in all the circumstances, that the Department is liable for negligent (careless) acts or omissions of its staff/volunteers.

**NAPLAN Tests**
This is a short notice to remind parents of the NAPLAN tests which will be conducted from Tuesday May 13th to Thursday May 15th. The federal government uses NAPLAN in order to gauge the performance of students in their particular year level. They give a good indication of your child’s progress against national benchmarks. All students in Years 7 and 9 will be provided with a confidential personalised report on how they performed against the rest of the country. Murtoa College has had good NAPLAN results in the past and we would like to continue to show these results in publically available websites such as MY SCHOOL. It is really important to ensure that all students in these year levels participate in order to continue this proud and positive trend.

**Motivational Media**
Next Friday 9th May the Motivational Media team will visit MC students. This has turned into an annual event with the students looking forward to the presentation. Motivational Media aims to both challenge and inspire young people to develop strategies that will enable them to reach their true potential so that their life choices will not be diminished through avoidable, reckless and harmful behaviours. The team will be presenting the feature IMPACT with the presentation asking, “what difference are you going to make on the world?” We are always making an impact; good or bad! It’s up to us to choose. Motivational Media tours Australia showing IMPACT in schools using the latest sound system and projection technology. The presented image in schools is 13 metres by 3 metres high. Guaranteed to make an Impact!
Primary News

IMPORTANT DATES

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<thead>
<tr>
<th>APRIL</th>
<th>MAY</th>
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<tr>
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<td>Friday 2nd</td>
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<td>Dunmunkle Cross Country at Murtoa</td>
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<td>13th – 15th</td>
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<td>NAPLAN</td>
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<td>Tuesday 13th</td>
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<td>School Council 5.30pm</td>
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<td>Thursday 15th and Friday 16th May</td>
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<td></td>
<td>Dental Check Ups</td>
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<td>Tuesday 20th May</td>
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<td>Black Ranges Cross Country</td>
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<td>Monday 26th May</td>
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<td>CEP Sports Interactive</td>
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<td>Thursday 29th May</td>
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<td>Royal Flying Doctor Service</td>
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JUNE

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<thead>
<tr>
<th>Thursday 5th</th>
<th>Social</th>
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<tr>
<td></td>
<td>Whole School Assembly</td>
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<tr>
<td>Friday 6th</td>
<td>Report Writing Day</td>
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<td>Monday 9th</td>
<td>Queen’s Birthday holiday</td>
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Birthdays
Destiny Hennessey
Jorja Gardy

Primary Assembly Time Table for Term 2
Assemblies are held weekly on Thursday afternoon in the Year 1/2/3 classroom and begin at 2:35pm. Any changes to the timetable will be recorded in future newsletters.

- Week 3 – Year 1/2/3
- Week 4 – Year F/1
- Week 5 – Year 5/6
- Week 6 – Year 3/4/5
- Week 7 – Year 1/2/3
- Week 8 – Year F/1
- Week 9 – Year 5/6
- Week 10 – Year 3/4/5

The Hands on Learning group show off their great new tops!
Foundation/Year 1

We have had a wonderful start to Term 2 in the Foundation/One classroom. For the first half of Term 2, we are learning about farming. Students have been asked to bring in artefacts that they can share with the class. Using artefacts helps prompt discussion and questioning. We have had seeds, animal bones, tools, horse shoes, photos and many more interesting artefacts come into school. Thank you to the students and families that have shared these items with us.

To help learn about the farm, the letter 'B' and measurement, students helped to make bread and butter on Wednesday. The bread needed three hours to bake, so we measured and put all of the ingredients in at the start of the day. Making bread allowed us to discuss the process of turning wheat into flour. The bread would not be complete without some butter. We poured some cream and a marble into a container and shook it over and over until the buttermilk and butter were separated. After pouring off the buttermilk, the butter was ready to spread onto the bread. We shared the bread and butter with the students and teachers in the Primary School. Delicious!

Sally Venn
Foundation/One Teacher
Back: Hannah Whyte, Mason Harris, Connor Johnson, Deacan Campbell and Will Dingwall.
Front: Mikey Collins-Clarke, Logan Liao, Makaela Wright, Jenna McCallum and Bronte Kerrins.

Back: Noah Horvat, Mason Coombe, Lachlan Hammond, Elijah Berger, Cameron Whyte and Brent Phillips.
Front: Lloyd Baker, Finley Goodin, Jenna McCallum and Bronte Kerrins.
Eight Year 5 and 6 students returned to school on Thursday after spending nine days at Somers Camp. The students presented a summary of the camp at assembly last week. They all shared very positive and challenging experiences with the other primary students. We look forward to being involved again in the future.

Murtoa Netta Registration Night
For anyone wishing to play
When: Thursday 8th May @ 3.30pm
Where: OLHC School
Contact: Allyssa Wilson 0428 551 734
UBS Young Women’s Leadership Program
On Monday 7th April, I travelled to Sydney to be a part of the Young Women’s Leadership Program. This was run by UBS to provide young women with the opportunity to experience the business industry. I won a scholarship to attend for five days, all travel and expenses fully paid for. I attended seminars given by several successful women leaders, visited the trading floor of the UBS in the city, dinners, movies and a netball game at the Young Women’s College. I learnt skills in how to do presentations. I was one of only two people from Victoria, the other girls coming from government schools in ACT and NSW. It was an awesome experience. It was great to be a part of this group and I have made some good friends.

Amy Johnston
Yr 11

Sport Dates for 2014

Term 2

<table>
<thead>
<tr>
<th>Monday</th>
<th>May 5</th>
<th>T2 Week 3</th>
<th>All day</th>
<th>Black Ranges Athletics (Stawell)</th>
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<tbody>
<tr>
<td>Tuesday</td>
<td>May 6</td>
<td>T2 Week 3</td>
<td>All day</td>
<td>Greater Western Region Volleyball (Horsham)</td>
</tr>
<tr>
<td>Thursday</td>
<td>May 15</td>
<td>T2 Week 4</td>
<td>All day</td>
<td>Senior Girls Netball (Horsham)</td>
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<tr>
<td>Monday</td>
<td>May 19</td>
<td>T2 Week 5</td>
<td>All day</td>
<td>Inter Girls Netball (Horsham)</td>
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<td></td>
<td>Inter Boys Football (Horsham)</td>
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<tr>
<td>Wednesday</td>
<td>May 21</td>
<td>T2 Week 5</td>
<td>P 4 into lunch</td>
<td>School Cross Country</td>
</tr>
<tr>
<td>Tuesday</td>
<td>May 27</td>
<td>T2 Week 6</td>
<td>All Day</td>
<td>Black Ranges Cross Country (Murtoa)</td>
</tr>
<tr>
<td>Tuesday</td>
<td>June 3</td>
<td>T2 Week 7</td>
<td>All day</td>
<td>Year 8 Girls Netball (Horsham)</td>
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<td></td>
<td></td>
<td>Year 8 Boys Football (incl. Year 7 boys) (Horsham)</td>
</tr>
<tr>
<td>Tuesday</td>
<td>June 10</td>
<td>T2 Week 8</td>
<td>All day</td>
<td>Year 7 Girls Netball (Horsham)</td>
</tr>
<tr>
<td>Friday</td>
<td>June 13</td>
<td>T2 Week 8</td>
<td>All Day</td>
<td>Region Cross Country (Hamilton)</td>
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CYSTIC FIBROSIS RESEARCH STREET STALL
(next door to IGA Supermarket)

MOTHER’S Day FRIDAY
MAY 9TH
(Mother's Day Weekend)
From 9am -12pm
Proceeds to Royal Children’s Hospital
CYSTIC FIBROSIS RESEARCH TRUST
Donations and Contributions to help this cause would be greatly appreciated/
Contact Joanne Warrick 53852369 or 0427 852 369
Dunmunkle Cross Country

Congratulations to all the Dunmunkle primary school students who competed in the Dunmunkle Cross Country in cool conditions last Friday. We were very proud of all the students’ achievements, attitudes and behaviour.

Here are the results. The first four placegetters will go to represent us at the Black Ranges Cross Country.

10 Boys

1. Lachlan Weidemann – Rupanyup PS
2. Fraser Adler – Murtoa College
3. Lloyd Baker – Murtoa College
4. Noah Eagles – Rupanyup PS
5. Brazer Mackenzie – Minyip PS
6. Tuskan McAlpine – OLHC
7. Brent Phillips – Murtoa College
8. Tahandi Chandan – Rupanyup PS

10 Girls

1. Bronte Kerrins – Murtoa College
2. Annie Robbins – Minyip PS
3. Lucy Spriggs – Murtoa College
4. Teash Yates – Minyip PS
5. Jenna McCallum – Murtoa College
6. Emily Hotker – Minyip PS
7. Zoe Weidemann – OLHC
8. Kiara Cameron – Marnoo PS
10. Finley Goodin – Murtoa College

11 Boys

1. Nic Ballagh – Murtoa College
2. Deacan Campbell – Murtoa College
3. Reece Pidgeon – Minyip PS
4. Will Coutts – Murtoa College
5. Bailey Young – Minyip PS
6. Max Willmott – Rupanyup

11 Girls

1. Cleo Baker – Murtoa College
2. Breanna Bell – Murtoa College
3. Jade Saligari – Murtoa College
4. Paris Fiedler – Marnoo PS
5. Kirah Smith – Rupanyup PS
6. Monique Gellatly – Murtoa College
7. Rhiannon Crawford – Rupanyup
8. Simonnette Labiran – Marnoo PS
9. Jessie Delahunty – OLHC
10. Hannah Whyte – Murtoa College
12 Boys
1. Blake Turner – Rupanyup PS
2. Cody Bell – Murtoa College
3. Logan Petering – Murtoa College
4. Patrick Schier – Murtoa College
5. Ronan Garth-Lindsay – OLHC
6. Darcy Schultz – Murtoa College

12 Girls
1. Shanara Phillips – Murtoa College
2. Doray Macalinga – Minyip PS
3. Zoe McGregor – Marnoo PS
4. Jaye Farlow – Minyip PS
5. Eloise Harkess – Murtoa College
6. Mackenzie Goodin – Murtoa College
7. B’Elanna Penny-Paditz – Murtoa College
8. Breannan Rundell – Murtoa College
9. Ebony Noske – Murtoa College
10. Brylee Briggs – Murtoa College

Highlighted names will be asked to represent us at the Black Ranges level.

The Year 9/10 Metalwork students attended a Leap into Design Workshop facilitated by RMIT last Monday.
Year 12 Outdoor Ed Otways Camp

Madeleine & Caitlin McQueen, Lauren Drum & Jessie Ellis

We travelled on this camp with Warracknabeal and Stawell Secondary Colleges

Day one: Firstly we went to the Otway Fly and walked the treetop walk. The track we walked was through a wet sclerophyll forest and then a cool temperate rainforest, the weather started off okay but as we travelled through and got closer to the rainforest, it began to get colder. We went up a tower and saw an amazing view of the forests. Otway Fly is private property and the company that owns this also owns Falls Creek and the Melbourne Aquarium. After this we went to Triplet Falls, which was another rain forest and had a waterfall. It was really pretty. Triplet Falls is a national park and is managed by Parks Victoria. Triplet Falls used to be a big timber industry and this is evident as we saw a boiler that was left there which powered the heavy machines to cut down the forest.

Day two: On day two, we went on a tour along the beach of Cape Otway and learned that Bass Straight is only 100 meters deep. Our tour guide Mark told us heaps of stories about how we can use things to survive in the wild, this included eating a plant called Pig Face, and the sweeter it tasted, the closer you are to fresh water. Next we went to another rainforest where we saw creeks and Mountain Ash trees. Finally, we went surfing at Eastern View where we learnt that surf technology has changed dramatically overtime. Surfing was a highlight of our trip and Args really sucked at it! It was really funny seeing him fall off every wave!

Day three: We drove to Lorne and learnt about commercialisation in this area. After this, we went to the Memorial Arch of the Great Ocean Road and learnt that returning soldiers from WWI built this road in dedication to the lost soldiers at war. This road links the towns up for logging which was the industry at this time. Next, we went to Bells Beach and searched for conservation acts that the community uses. After this, we volunteered with Conservation Volunteers Australia by cleaning up weeds and trees along the coast. With so many students we did as much work in a couple hours as they would have done in 4 weeks.

Day four: We went to the Marine and Freshwater Discovery Centre and looked around the tanks which contained fish, also we got to touch and pick up starfish, crabs, algae and snails in the Touch Tank. Next we went to Swan Bay and learnt about ways that it is threatened by various things and what we could do to reduce the impacts. We went down to the Mud Flats and collected and observed living sea creatures by looking under rocks and seagrass. We found heaps of crabs and held them. Swan Bay is an internationally protected nursery for water animals so they can breed without being harmed.
Training in Minyip this week

**Under 17’s**
The boys put in a great effort but not enough to get the points, best players – Nick Kelson, Fergus Schier & Max Koschmann.

Derek Cameron 0428 316 319, Mark Schache 0429 433 688
markschache@bigpond.com – U17 Team Manager

**Under 14’s**
As per the U17’s, we didn’t have the necessary ‘size’ to combat a BIGGER team, 100% effort by all players.

Wayne Robbins 0427 857 367
wnrobbins@optusnet.com.au

**Auskick/U 12’s**
Training this Thursday night at 5pm.
It was fantastic to see so many enthusiastic players turn up for the game on Saturday. Everyone tried so hard but we just couldn’t get past Horsham’s big players. The Minyip Community Bank Award went to Lachie Drum, with the McDonalds Awards going to Darcy Schultz, Will Gellatly and Tuskin McAlpine.
There will be no game this Saturday as we play Ararat.

Nat Johnston 0428852308
natalie.johnson8@bigpond.com
The power of a sincere compliment

It's amazing the impact a sincere compliment can have on the confidence and self-esteem of a child or young person.

I overheard a friend telling her eight-year-old daughter last week:

"You did such a good job helping your brother yesterday. You are such a lovely big sister!"

My friend face lit up with a smile as she said it. She gently put her hand on her daughter's shoulder at the same time.

The little girl beamed, then she went off to play.

It was a simple parenting moment among many that my friend would have initiated that day.

I couldn't help thinking that it doesn't take much to grow kids' self-esteem and create good feelings at home.

A sincerely given compliment has an enormous impact on the person who receives it. We all grow a little taller, at least inside, when we are given a compliment.

We also feel closer to the person who complimented us.

Compliments satisfy the deep craving we all have to be appreciated.

There is one problem: While compliments are easy to give, they are also easy not to give.

We forget.

We underestimate their impact.

We haven't developed the habit of giving compliments.

Amplify the impact

There were two things my friend did that amplified the impact of her compliment.

1. She smiled as she gave the compliment.

2. She touched her daughter as well.

Touch will always amplify a compliment. It makes it personal.

Her mother's smile to her daughter what her mum really felt. In fact, the touch and smile said it all. The words reinforced the smile and touch.

The compliment was given and received through three senses – visually, kinesthetically and auditorily.

That's how kids receive all our messages – they see, they feel, they hear – though we often focus on the words and forget the visual and kinesthetic.

Next time your child does something worthwhile take the time to give a compliment.

Smile (tell your face you are happy) and add a little touch to really let them know how you feel. Watch your child's reaction. It's a significant impact.

It doesn't take much.
Coughs, Colds and Asthma

Coughs, colds and the flu are one of the most common triggers of asthma. The common cold is caused by an upper respiratory tract infection and is a common illness for children and adults in Australia. As we approach the colder months, here are some tips to keep in mind to prevent and reduce the spread of coughs, colds and the flu:

- Avoid coughing and sneezing on or near others and wash your hands thoroughly to prevent the spread of disease.
- If your child is not feeling well, it is recommended that they stay home and rest, to reduce the spread of infections and to speed up their recovery process.
- Everyone should have the annual flu vaccination to ensure they are protected from this disease. You or your child may be eligible for the free flu vaccination. Details about who is eligible can be found here and can also be determined by your doctor.
- Prior to purchasing any medications or herbal and natural remedies, you should seek the advice of your doctor or pharmacist as some medications can react with asthma medications. Such as Aspirin, Ibuprofen/Naproxen (non-steroidal anti-inflammatory medications), Beta Blockers tablet and eye drops (used for high blood pressure and glaucoma), and ACE inhibitors (used to control blood pressure).

Stay warm this winter!

For more information, please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au

Parent and Carer Asthma Information Sessions

The Asthma Foundation of Victoria is funded by the Federal Department of Health to provide free asthma education sessions to groups of parents and carers. These sessions can take place at the school or at a location of your choice. The session runs for approximately one hour and covers:

- Asthma triggers
- Signs and symptoms
- Asthma action plans
- Asthma medication
- Asthma First Aid

If you are interested in attending a parent and carer asthma information session, please contact The Asthma Foundation of Victoria to arrange a session on 1800-ASTHMA or sdoherty@asthma.org.au

For more information, please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au